

PACKAGE LEAFLET: INFORMATION FOR THE USER

Be Sure™ Pregnancy Test (Midstream)

For Self-Testing

Introduction

When a woman becomes pregnant, her body produces a hormone called hCG (human Chorionic Gonadotropin). This hormone appears in the urine. The **Be Sure™** hCG Pregnancy Test is designed to qualitatively determine elevated human chorionic gonadotropin in urine. The result can be read visually in minutes to indicate a positive or negative result for pregnancy.

Instructions

(Please read all the information in this leaflet before performing the test.)

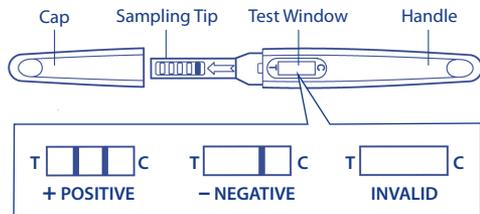
- Do not use if pouch is torn or damaged.
- Do not use after the expiration date.
- Do not reuse.
- Store in a dry place at 2-30°C but do not freeze.
- Ensure the test foil pouch is at room temperature before opening.
- Once open, use as soon as possible.
- Keep out of the reach and sight of children.
- For in vitro diagnostic use. Not to be taken internally.

Test Procedure

1. Remove the midstream test from the foil pouch and familiarize yourself with the product.
2. Remove the Cap.
3. Hold the midstream test by the Handle with the exposed Sampling Tip pointing downward directly into your urine stream for at least 10 seconds until it is thoroughly wet.
Note: Do not urinate on the Test Window. If you prefer, you can urinate into a clean and dry container, then dip only the Sampling Tip of the midstream test into the urine for at least 10 seconds.
4. After removing the midstream test from your urine, immediately replace the Cap over the Sampling Tip, lay the midstream test on a flat surface with the Test and Control windows facing upwards, and then begin timing.

5. As the test begins to work, you may notice a light red flow moving across the Test Window. Depending on the concentration of hCG, positive results may be observed in as little as 40 seconds. However, to confirm negative results, the complete reaction time of 5 minutes is required. Do not read the result after 30 minutes.

Figure 1.



Interpretation of Result (See figure 1)

POSITIVE: Two distinct red lines appear. One line should appear in each control (C) and test (T) regions.

NEGATIVE: One red line appears in the control region (C). No red or pink line appears in the test region (T).

INVALID: Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test with a new test device. If the problem persists, discontinue using the test kit immediately and contact your local distributor.

Note: The intensity of the red colour in the test line region (T) will vary depending on the concentration of hCG present in the specimen. However, neither the quantitative value nor the rate of increase in hCG can be determined by this qualitative test.

Questions and Answers

1. Q: How does the test work?

A: The One Step hCG Pregnancy Test detects a hormone in your urine that your body produces during pregnancy (hCG- human chorionic gonadotropin). The amount of pregnancy hormone increases as pregnancy progresses.

2. Q: How soon after I suspect that I am pregnant can I take the test?

A: You can test your urine as early as the first day you miss your period. You can perform the test anytime of the day; however, if you are pregnant, first morning urine contains the most pregnancy hormone.

3. Q: Do I have to test with first morning urine?

A: Although you can test any time of the day your first morning urine specimen is usually the most concentrated of the day and would have the most hCG in it.

4. Q: How accurate is the test?

A: In both laboratory and consumer clinical studies, the **Be Sure™** hCG Pregnancy Test has been proved to be 99% accurate.

5. Q: Which factors may affect the test result?

A: Drugs which contain hCG (such as Pregnyl, Profasi, Pergonal, APL) can give a false positive result. Alcohol, oral contraceptives, painkillers, antibiotics or hormone therapies that do not contain hCG should not affect the test result.

6. Q: What should I do if the result shows that I am pregnant?

A: It means that your urine contains hCG and you are probably pregnant. See your doctor to confirm that you are pregnant and to discuss the steps you should take.

7. Q: Does the result mean anything other than normal pregnancy if it shows that I am pregnant?

A: A number of medical conditions other than pregnancy, including, ovarian cyst or ectopic pregnancy (pregnancy outside the uterus) can cause elevated levels of hCG.

8. Q: How do I know that the test was run properly?

A: The appearance of a red line in the control window (C) tells you that you followed the test procedure properly and the proper amount of urine was absorbed.

9. Q: What should I do if the result shows that I am not pregnant?

A: It means that no hCG has been detected in your urine and probably you are not pregnant. If you do not start your period within a week of its due date, repeat the test with a new midstream test. If you receive the same result after repeating the test and you still do not get your period, you should see your doctor.



Manufactured by:



Avonchem Ltd., 10 Waterloo St West,
Macclesfield, Cheshire, SK11 6PJ, UK
Tel: (0044)1625 434 300
Fax: (0044)1625 869 777
Email: info@avonchem.co.uk
www.avonchem.co.uk